



RECONNECT

Empowering Teachers and Students to Support Hikikomori Reintegration

About the project

RECONNECT is a Erasmus+ project, running from October 2025 until September 2027. Its aim is improving the competences of teachers and other school professionals to better support the social and school reintegration of Hikikomori and adolescents at risk of social withdrawal, thus preventing their early school leaving. This will be achieved through specialized training, targeted and gamified tools and the involvement of peer adolescents to support the reintegration process, fostering a more inclusive and supportive school environment.

Find out more



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Project Results

During the two year project several outcomes are planned.

- **Teacher training curriculum**
- **Peer adolescents training curriculum.**
- **Online game platform** for Hikikomori and teachers, integrating game-based learning with the ultimate goal of guiding adolescents back into society with professional support. Hikikomori Syndrome, which is closely related to excessive Internet use, can be addressed through gamified tools that engage individuals at their own pace, reducing social pressure.
- **Community voice station.** The project aims to create an EU level platform to support and share resources on Hikikomori Syndrome.

Project Objectives

RECONNECT aims at supporting students aged 14-19 with Hikikomori syndrome or at risk of social withdrawal by fostering a positive and inclusive school environment that supports mental health and wellbeing of all students. Teachers will be supported in their professional development by providing them with theoretical knowledge and higher competences to recognize early signs of social isolation among students and to implement tailored intervention programmes.





Project Kick-off Meeting

On 23th of January, representatives of the project's six European partner organisations met in Florence, Italy. This was the official kicking off for the RECONNECT project, which is aimed at fighting extreme social withdrawal and school dropout.

Focus Group

One topic discussed were the Focus Group Reports which each project partner developed. Hikikomori Italy, the expert partner organisation on this matter, will lead the development of tailored training curricula for teachers and peers based on the outcomes of those Focus Group Reports.



Partner organisations:

- Co & So (Italy) - Project leader
- Hikikomori Italia (Italy)
- Spectrum Research Center (Ireland)
- DGASPC Harghita (Romania)
- La Salle Buen Consejo (Spain)
- E.N.T.E.R. GmbH (Austria)



Co-funded by
the European Union